

## London Area Intergroup Services

**519-438-9006**

201 Consortium Court  
London, ON, N6E 2S8  
Monday-Friday  
12 Noon-3:30 p.m.

To submit birthdays, special events,  
or announcements to the Newsletter,  
Email: [londondist11@gmail.com](mailto:londondist11@gmail.com)  
or drop off information to the  
Intergroup Office.

**Submission deadline for  
the Feb/Mar Newsletter is  
Friday Mar 6<sup>th</sup>**

The Office needs volunteers.  
Please call 519-438-9006  
if you are able to help!!

**Please contact Intergroup  
For all your literature needs!**

The London AA Website is located at:  
<http://www.aalondon.org/>

To obtain copies of this Newsletter  
make sure your group has an Intergroup Rep,  
pick up copies at the Office, or go to:  
<http://www.aalondon.org/Newsletter-Unity-London.html>

*Many thanks to webmaster Hugh H.  
for his faithful service!*

## DCM BULLETIN BOARD

If you require information or have questions  
please call Alice I. (DCM)

519-521-0254 or

[district11dcmp64@gmail.com](mailto:district11dcmp64@gmail.com)

### District Trusted Servant 2014-15

Positions	Members	Group
District Committee Member	Alice I.	Byron 12&12
A-District Committee Member	Larry B.	Tues North
Treasurer	Joan L.	Trinity 12&12
Secretary	Joanne S.	New Horizon Big Book Study
Corrections	Dean W.	Spirit of the Book
Treatment	Wendy S.	Byron Happy Hour
Grapevine	Nancy H.	Grapevine
Archives	Faye M.	11 <sup>th</sup> Step Group
Special/Remote Communities	Vacant	
Public Information	Vacant	
Bridging the Gap	Vacant	

## INTERGROUP BULLETIN BOARD

If you require information  
or have questions

please call 519-438-9006 or

[londonareacentralofc@bellnet.ca](mailto:londonareacentralofc@bellnet.ca)

Positions	Members	Group
Chairperson	Andrea C.	Tues North
Treasurer	Laurel K.	Liberty
Secretary	Gail L.	Metropolitan
Social Committee	Vacant	
Alkathon	Ken J.	Opportunity Big Book
Newsletter	Carlyn C.	Live & Let Live
Telephone Answering Service	Bill B.	Big Book Workshop
Office Manager		



**Newsletter for London  
District 11**

**FEB/15 to MAR/15**

**DISTRICT  
Meeting**

**Monday Mar 9, 7:00 p.m.**

(Meetings held on the  
2<sup>nd</sup> Monday of every month)

Unity of London

501 Nelson

**INTERGROUP SERVICE  
Meeting**

**Tuesday Mar 10, 7:00 p.m.**

(Meetings held on the  
2<sup>nd</sup> Tuesday of every month)

St. Andrew Memorial Parish Hall  
Wellington & Foxbar

**Would you like to enhance your recovery  
and serve the AA fellowship? Consider  
being a GSR or an Intergroup Rep!  
Attend a meeting to find out more!**

## BIRTHDAYS FOR FEB/MAR

NAME	DATE	YEARS	CELEBRATE!
<b>Angel Group (Wednesday 10 a.m.)</b>			
Julie R	Mar 3	1	TBA
Al N	Apr 9	4	
<b>Big Book Journey (Thursday 8:00 p.m.)</b>			
Dorothy	Feb 11	17	
Jim S	Feb 14	19	
Jason M	Feb 14	2	
Teresa	Mar 1	32	
Randy T	Mar 1	18	
John H	Mar 18	15	TBA
<b>Big Book Workshop (Monday 8 p.m.)</b>			
Dianne H.	Mar 28	27	MAR 30
<b>Byron 12&amp;12 (Wednesday 8 p.m.)</b>			
Alice I	Mar 25	17	
<b>Early Bird Grapevine (Monday 10 a.m.)</b>			
Patti S	Feb 17	1	TBA
Gail P	Feb 25	10	TBA
<b>Empire 12&amp;12 (Friday 8 p.m.)</b>			
Cliff S	Feb 20	13	
Frank McC	Mar 1	10	
Ken B	Mar 18	29	
Mary Ann I	Mar 28	24	
<b>Liberty Breakfast (Sunday 9 &amp; 11 a.m.)</b>			
Bill C.	Feb 27	1	MAR 1
<b>Live &amp; Let Live (Friday 8 p.m.)</b>			
Sean	Feb 11	2	
Mike B	Feb 11	10	FEB 13
Jim G	Feb 13	18	
Pauline T	Mar 3	2	
Michael R	Mar 15	1	
Roger T	Mar 15	1	
Tim C	Mar 18	1	
Krystin M	Mar 28	1	

## BIRTHDAYS FOR FEB/MAR

NAME	DATE	YEARS	CELEBRATE!
<b>Medicine Wheel (Tuesday 7 p.m.)</b>			
Mary Lou S		23	FEB 17
Dan S		25	
Mike C		6	
<b>Metropolitan (Friday 7 p.m.)</b>			
Sandy W	Feb 26	37	
Bob McC	Mar 1	6	
Gary R	Mar 3	2	
Tom O	Mar 13	6	
Karen B	Mar 18	17	
<b>Opportunity BB (Friday 8 p.m.)</b>			
Liz R	Feb 12	6	
Dan R	Feb 12	6	
Jen V	Feb 22	8	
<b>Strathroy BB Study (Sunday 8 p.m.)</b>			
Herb V	Feb 23	36	
Dave C	Feb 5	6	FEB 25
<b>Thames River (Thursday 7:00 p.m.)</b>			
Doug W	Feb 15	26	
Harold K	Feb 27	3	
Steve K	Mar 4	1	TBA
Yvon P	Mar 17	30	TBA
<b>Tuesday North (Tuesday 8 p.m.)</b>			
Marilyn F	Feb 19	33	
Bryce T	Feb 24	7	
Judy D	Feb 27	6	
Bev T	Mar 1	44	
Jen C	Mar 13	2	

If you truly want to  
*change your life,*  
you must first be willing to  
*change your mind.*

Donald Altman - author of The Mindfulness Code

## ANNOUNCEMENTS

### TUESDAY FEB 17<sup>TH</sup> 7 P.M. 18<sup>th</sup> Anniversary Medicine Wheel AA Meeting

109-343 Richmond Street  
Rear entrance laneway  
between King and York

#### Speaker: Clayton L

Seven Clans AA Group  
Tuscarota New York  
Oldest Indigenous AA Group  
U.S.A. 48 years

### Fanshawe Students & Faculty AA Members

Need Volunteer On-Line Contact Members  
for Prospective, Re-locating  
& Visiting Members

No Extra Meetings – No GSR or Intergroup  
Just the Meetings – You Already Attend  
No Midnight Calls – It is Easy and Fun

For more information please check

[www.aalondon.org/visiting.html](http://www.aalondon.org/visiting.html)

### GROUPS IN NEED OF SUPPORT!

Thursdays 1:30 p.m. Design for Living  
St. John Evangelist Church

Thursdays 7 p.m. Thames River Group  
Knollwood Church

Fridays 2-3 p.m. Western Campus Meeting  
UWO UCC Room 369

For more information contact Pauline T.

Saturdays 2 p.m. M&P

Bishop Cronyn Hall

Saturdays 8 p.m. Foxbar Group  
St. Andrew Memorial Parish Hall