

## London Area Intergroup Services

**519-438-9006**

201 Consortium Court

London, ON, N6E 2S8

Monday-Friday

12 Noon-3:30 p.m.

To submit birthdays, special events,  
or announcements to the Newsletter,

Email: [londondist11@gmail.com](mailto:londondist11@gmail.com)

or drop off information to the  
Intergroup Office.

**Submission deadline for  
the Aug/Sep Newsletter is  
Friday September 9<sup>th</sup>**

**Please contact Intergroup  
For all your literature needs!**

The London AA Website is located at:

<http://www.aalondon.org/>

To obtain copies of this Newsletter  
make sure your group has an Intergroup Rep,  
pick up copies at the Office, or go to:

<http://www.aalondon.org/Newsletter-Unity-London.html>

*Many thanks to webmaster Hugh H.  
for his faithful service!*

### **INTERGROUP NEEDS YOUR HELP!**

Once again we are requesting assistance from our groups to support our Intergroup Office. They have very little funds left after paying the bills (rent, utilities, phone, book purchases, etc.). Please speak to your group members at your business meeting and see if you have enough in your account to send some funds to support this important resource. For more information call **519-438-9006**.

## DCM BULLETIN BOARD

If you require information or have questions  
please contact Shawn McM

[hogger@rogers.com](mailto:hogger@rogers.com)

**District Trusted Servant 2015-16**

Positions	Members	Home Group
District Committee Member	Shawn McM	Metropolitan
A-District Committee Member	Peter H	Language of the Heart
Treasurer	Drew J	Trinity 12&12
LCM	Gail L	Metropolitan
Secretary	Marissa M	Shelborne
Corrections	Dan S	Strathroy Friendly
Treatment	Kathrine W	Spirit of the Book
Grapevine	Bonnie S	Byron 12 & 12
Archives Committee	Bev T	Tuesday North
	Dave P	Centennial
	Michael G	New Hope
Special/Remote Communities	Heather C	Metropolitan
Public Information	Cecile B	True Colours
Bridging the Gap	Chad P	

## INTERGROUP BULLETIN BOARD

If you require information  
or have questions

please call 519-438-9006 or

[londonareacentralofc@bellnet.ca](mailto:londonareacentralofc@bellnet.ca)

Positions	Members	Home Group
Chairperson	Kim R	
Treasurer	Laurel K	
<b>Secretary</b>	<b>Vacant</b>	
Alkathon	Brett R	Empire
Newsletter	Carlyn C	Live & Let Live
Telephone Answering Service	Bill M	Big Book Journey
Office Manager	Mike D	Big Book Study



**Newsletter for London  
District 11**

**AUG 9 – SEP 13 2016**

**DISTRICT  
Meeting**

**Monday Sep 12, 7:00 p.m.**

(Meetings held on the  
2<sup>nd</sup> Monday of every month)

**Unity of London**

**501 Nelson**

**INTERGROUP SERVICE  
Meeting**

**Tuesday Sep 13, 7:00 p.m.**

(Meetings held on the  
2<sup>nd</sup> Tuesday of every month)

**St. Andrew Memorial Parish Hall  
Wellington & Foxbar**

**Would you like to enhance your recovery  
and serve the AA fellowship? Consider  
being a GSR or an Intergroup Rep!  
Attend a meeting to find out more!**

## BIRTHDAYS FOR AUG/SEP

NAME	DATE	YEARS	CELEBRATE!
<b>Angel Group (Wednesday 10 a.m.)</b>			
Katie O	Aug 16	2	
Jennifer H	Aug 10	7	
Leah G	Aug 31	1	TBA
<b>Big Book Journey (Thursday 8:00 p.m.)</b>			
Paul F	Sep	9	
Bill M	Sep 5	11	
Peggy M	Sep 14	26	
<b>Big Book Workshop (Monday 8 p.m.)</b>			
Bill B	Sep	16	
Greg R	Sep	20	TBA
Ron S	Oct	58	
<b>Calvary (Wednesday 8:30 p.m.)</b>			
Perry S	Aug 16	1	TBA
Vince S	Aug 27	9	
Pete R	Sep 24	6	
<b>Live &amp; Let Live (Friday 8 p.m.)</b>			
Ed M	Aug 18	11	
Maureen F	Aug 23	1	Aug 26
Shari K	Sep 1	1	Sep 27
Ted S	Sep 1	12	
Paul F	Sep 1	9	
Dave H	Sep 19	1	Sep 23
Jenna W	Sep 29	1	Sep 30
<b>Nitty Gritty (Monday 7 p.m.)</b>			
Gord S	Sep 5	5	Sep 5
<b>Participation (Friday 1:30 p.m.)</b>			
Terry N	Aug 10	2	Aug 12
<b>Pond Mills Men's (Thursday 8 p.m.)</b>			
Al K	Aug 11	25	Aug 11
Aron P	Aug 20	7	
John M	Aug 20	33	
<b>Strathroy Friendly 12&amp;12 (Wednesday 8 p.m.)</b>			
Guillaume	Aug 15	1	Aug 31
<b>Thames River (Thursday 7:00 p.m.)</b>			
Jeff P	Aug 29	1	TBA

## BIRTHDAYS FOR AUG/SEP

NAME	DATE	YEARS	CELEBRATE!
<b>Tuesday North (Tuesday 8 p.m.)</b>			
Amber A	Aug 10	2	
Lari P	Aug 15	1	Aug 30
Ben A	Aug 18	2	
Suzanne M	Aug 25	5	Aug 30
Sonya S	Sep 12	2	
Diane Y	Sep 14	5	Sep 27
Doug S	Sep 15	25	Sep 27
Amanda B	Sep 20	2	
Neil McW	Sep 24	23	

Remember  
how far you've come,  
not just how far  
you have to go.  
You are not where you want to be,  
but neither are you  
where you used to be.



"And on my third day of sobriety...."

## ANNOUNCEMENTS

Four Levels of Service  
(in no particular order of importance)

London Intergroup

Payable to: London Intergroup

201 Consortium Court, London, ON, N6E 2S8

District 11

Payable to: London Middlesex General Service

Contact Drew 519-697-2555 or

[district11treasur@gmail.com](mailto:district11treasur@gmail.com)

for address information

Area 86

Payable to: Western Ontario General Service (WOGS)

Contact Sandi 1-905-466-8408 or

[treasurerp66area86@gmail.com](mailto:treasurerp66area86@gmail.com)

for address information

General Service Office

Payable to: General Service Office

P.O. Box 459, Grand Central Station

New York, NY 10163-0459, USA

When making payments,  
please include return address  
and group name

in order to receive a receipt

### GROUPS IN NEED OF SUPPORT!

Mondays 8 p.m. Big Book Workshop

St. Marks Church

Thursdays 7 p.m. Thames River Group

Knollwood Church

Fridays 2 p.m. UWO Meeting

UWO UCC Building Room 369

Sundays 3:00 p.m. Big Book Journey Tape

White Oaks United Church

### e-Stepper Volunteers Needed

Males 30 and under

An e-stepper volunteer is contacted through email to connect with those who have requested assistance (new to AA or new to London).

If you would like to do Service Work and have 6 months or more sober time, please go to

[www.aalondon.org/visitorVolunteer.html](http://www.aalondon.org/visitorVolunteer.html)

for more information