

London Area Intergroup Services

519-438-9006

2A5-30 Adelaide Street North
London, ON, N6B 3N5
Monday-Friday
12 Noon-3:30 pm

To submit birthdays, special events,
or announcements to the Newsletter, email

londondist11@gmail.com

or drop off information to the
Intergroup Office.

**Submission deadline for
the Apr/May Newsletter is
Friday May 4th**

**Please contact Intergroup
For all your literature needs!**

Four Levels of Service

(in no particular order of importance)

London Intergroup

Payable to: London Intergroup
2A5-30 Adelaide St. N., London, ON, N6B 3N5

District 11

Payable to: London Middlesex General Service
Steve S

treasurer@aadistrict11.ca

for address information

Area 86

Payable to: Western Ontario General Service (WOGS)
Contact Ken 1-905-407-9617

treasurer68area86@gmail.com

General Service Office

Payable to: General Service Office
P.O. Box 459, Grand Central Station
New York, NY 10163-0459, USA

When making payments,
please include return address
and group name
in order to receive a receipt

DCM BULLETIN BOARD

If you require information or have questions
please contact

dcm@aadistrict11.ca

District Trusted Servant 2018

Positions	Members	Home Group
District Committee Member	Gail L	Metropolitan
A-District Committee Member	Marissa McL	Primary Purpose
Treasurer	Steve S	Riverside
Secretary	Gudrun McK	Arva
Corrections	Lynne B	Arva
Treatment	Cindy M	Centennial
Grapevine	Maureen KT	Trinity
Archives Committee	Kevin D	Cavalry
Special/Remote Communities	VACANT	
PI/CPC	Morris B	New Horizon
Bridging the Gap	Miriam K	Grapevine
Website	Chris S	Tuesday North

INTERGROUP BULLETIN BOARD

If you require information
or have questions

please call 519-438-9006 or

londonintergroupserviceoffice@gmail.com

Positions	Members	Home Group
Chairperson	Ed S	Tuesday North
Alt-Chairperson	Robert C	
Treasurer	Laurel K	Trinity
Secretary	Carol L	New Horizons
Alkathon	Brett R	Empire
Newsletter	Carlyn C	Live and Let Live
Telephone Answering Service	Joanne W	Empire
Office Manager	Mike D	



**Newsletter for London
District 11**

Apr 10-May 8, 2018

**DISTRICT
Meeting**

Monday May 14, 7:00 pm

(Meetings held on the
2nd Monday of every month)
Unity of London
501 Nelson

**INTERGROUP SERVICE
Meeting**

Tuesday May 8, 7:00 pm

(Meetings held on the
2nd Tuesday of every month)
2A5-30 Adelaide Street North
London, ON, N6B 3N5

**Would you like to enhance your recovery
and serve the Fellowship? Consider
being a GSR or an Intergroup Rep!
Attend a meeting to find out more!**

BIRTHDAYS FOR APR/MAY

NAME	DATE	YEARS	CELEBRATE!
Arva (Thu 8 pm)			
21 YEARS! Apr 19 EATING MEETING!!			
Big Book Journey (Thu 8:00 pm)			
Judy P	Apr 23	35	APR 29
Big Book Study (Mon 8 pm)			
Kevin L	Apr 23	13	
Mike D	Apr 23	13	
Jeff B	May 4	16	
Yvonne L	May 11	3	
Big Book Workshop (Mon 8 pm)			
Lisa F	May 20	10	MAY 28
Erich K	May 21	28	MAY 28
Byron Happy Hour			
Deb W	Apr 12	2	
Ed D	Apr 15	8	
Shaun F	Apr 18	26	
Marion F	Apr 24	17	
Early Bird Grapevine (Mon 10 am)			
Gary N	Apr 19	9	
Liberty Breakfast (Sun 9 & 11 am)			
Mike L	Apr 11	47	
Marg W	Apr 14	40	APR 15
Live & Let Live (Fri 8 pm)			
Kevin D	Apr 26	3	
Metropolitan Group (Fri 7 pm)			
Sandy W	Feb 26	40	MAY 11
Shawn Mc	May 6	41	MAY 11

NEW MEETING THE SOUND OF SILENCE

Wednesdays 8:15 pm

Open discussion
Includes 20 minute silent meditation

St Stephen's Church
727 Southdale Rd E at Wellington

BIRTHDAYS FOR APR/MAY

NAME	DATE	YEARS	CELEBRATE!
New Horizon (Sun 7 pm)			
Carol L	Apr 29	6	
June McE	May 29	36	
Robert P	May 30	8	
Participation Group (Fri 1:30 pm)			
Karen O	May 20	18	
Pond Mills Men's (Thu 8 pm)			
Tom H	Apr 17	27	
Gary C	May 10	44	
St. Joseph's (Sun 11 am)			
Pat R	May 27	60	MAY 27
Strathroy Friendly 12&12 (Wed 8 pm)			
Bob H	Apr 4	16	APR 25
Tuesday North (Tue 8 pm)			
Jen C	Mar 13	5	APR 24
Jeannie W	Apr 7	5	APR 24
Anna W	Apr 11	5	APR 24
Tara W	Apr 12	2	
Leslie S	Apr 23	4	
Robin D	Apr 30	33	

The Calvary Group 40th Anniversary

Celebration on
APRIL 18TH 8:30 pm

*When you change the
way you Look at
things, the things you
look at CHANGE!*

ANNOUNCEMENTS

Please check the
new District 11 website at
<http://aadistrict11.ca/>

21st **BYRON RALLY!**

April 21st – Doors Open 8 am
Tickets are \$25 p.p.
Dinner Buffet at 6 pm
(nominal fee for lunch)
Click on [link](#) or contact the
Intergroup Office 519-438-9006
for more information!

GROUPS IN NEED OF SUPPORT!

Mondays 8 pm Big Book Workshop
St. Lawrence Church 910 Huron Street
Tuesdays 3:30 Desire to Change
UWO – Wellness Education Centre
Lower Level UCC
Thursday 8 pm Triangle Group
St. Martins
Thursday 7 pm Thames River Group
Knollwood Church
Sundays 3 pm – Big Book Journey Tape
White Oaks United Church

NEED HELP?

Call the Hotline 519-438-1122

ONE DAY AT A TIME FIRST THINGS FIRST
KEEP IT SIMPLE OVER IT SURRENDER
LET GO LET GOD HUMILITY
KEEP AN OPEN MIND GRATITUDE
LIVE & LET LIVE ACCEPTANCE
FORGIVE & FORGET FELLOWSHIP
THIS TOO SHALL PASS PATIENCE **EASY DOES IT**